

## **Learning Reflection Essay Instructions**

In this essay of about 1-2 pages, you should think about and write about as many of the following types of issues or questions as you can as related to the senior capstone course. Of course, you are welcome to think and write about other aspects of your learning of sociology and development as a sociologist as well.

1. What do you think are the purposes of the senior capstone/assignment course and project?
2. At this point in the senior capstone research course, what are some things (skills, ideas, values, theories, perspectives, facts...) you have learned related to our discipline?
3. What are the primary ways you best learn the content and skills in this course?
4. What are you finding difficult to learn or do related to this class? Why?
5. Do you believe you are engaged in the discipline of sociology? That is, are you interested in the discipline? Do you feel passionate about the discipline? How so? Why or Why not? What role, if any, has the capstone course played in your engagement in the discipline?
6. Has this course had any impact on what or how you think about future jobs/careers or graduate school? If so, please explain.
7. Do you see yourself as a sociologist? Why or Why not? What role, if any, has the capstone course played in your view of yourself as a sociologist?