

Learning Log Instructions

Sociology Senior Experience SOA 300

Each of you will pick a two-week period between weeks 9 and 14 of the semester to keep a reflective learning log. The goals of this assignment are to help you take the time to think about what you are learning in your sociology courses, how you are learning sociology, and how you might improve your learning. For each of the two weeks, you must reflect and write about this reflection a minimum of three times. Thus, your learning log will consist of at least 6 reflection entries over the period of two weeks. Each entry should be at least two-three journal pages in length and contain a variety of thoughtful reflections, comments, arguments, etc. I will provide you with the log or journal in which to write. Alternatively, you may do this electronically, sending me a word file containing your log. Your learning logs will be kept confidential.

You should think about and write to me about the following types of issues or questions. Of course, you are welcome to think and write about other aspects of your learning as well.

1. At this point in the semester, what am I learning in my various sociology courses?
2. What am I doing to learn the content and skills I am learning this semester? For example, how often and in what ways do I interact with sociology peers and sociology faculty? What do I do to prepare for class? What do I do in class? How do I study? How do I prepare for exams and projects? Am I keeping up with reading and other assignments?
3. How would you describe your study style?
4. What are you finding difficult to learn or do related to your sociology classes? Why?
5. What might you do to increase your learning?